**2025 Reflections Scholarship Essay Form**

This form includes three essay prompts: a Personal Statement on Recovery, a Future Pathways Essay, and a Financial Need Statement. Once you've completed your essays, please upload this form as a **PDF** or **Word** document, along with all other required materials, to the application form.

*If you have any questions, please email* [*scholarship@lookingglassbc.com*](mailto:scholarship@lookingglassbc.com)*.*

Your name:

**Personal Statement on Recovery (500-750 words)**

Please use the space below to share a brief personal statement about your eating disorder recovery journey. Consider reflecting on:

* What your recovery journey has looked like
* The supports that have helped along the way
* Any challenges or setbacks you’ve faced and how you overcame them
* What recovery means to you

This is an opportunity to share your unique experience in a way that feels meaningful to you.

**Future Pathways essay (500-750 words)**

Please use the space below to share how your academic and personal experiences have shaped your goals and aspirations. You may consider reflecting on:

* The skills, interests, and extracurricular or volunteer activities that have influenced your goals
* What inspired you to pursue your chosen field of study
* How your field of study connects to your long-term education and career aspirations
* The ways in which your recovery journey has influenced your ambitions and personal growth.

This is an opportunity to share your story and how your experiences have guided your future plans.

**Financial Need Statement (maximum 300 words)**

Please use the space below to share a brief statement about your financial need. Consider reflecting on:

* How this scholarship would impact your ability to pursue your education
* Any challenges you face in meeting financial needs
* How the scholarship funds would be used

If you would like to provide additional context, you may also submit a **2025/2026 Budget Form** (available on the Looking Glass Scholarship webpage). This document is optional but can help clarify your financial situation.